



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

**Topics in Primary Care, Palliative Care, Impaired
Healthcare Professionals, Emergency Medicine,
and Leadership**

16 AMA PRA Category 1 Credits™

16 ACPE Credits

Up to Up to 16 MOC (Part II) points in the American Board of Anesthesiology® (ABA)
Maintenance of Certification (MOC) program

Up to 16 (part II) MOC points in medical knowledge in the American Board of Internal
Medicine's (ABIM) Maintenance of Certification (MOC) program

16.0 Contact Hours

Galveston, Texas
March 19 – 26, 2023

With

Jeffrey M. Kagan, MD

and

Tracy G. Sanson MD, FACEP, CEO

Topics in Primary Care, Palliative Care, Impaired Healthcare Professionals, Emergency Medicine, and Leadership

March 19 - 26, 2023

Agenda

March 19, 2023	Meet and Greet – 6:30pm – 7:30pm Boleros, 5th Floor	
March 20, 2023 Educational Sessions Conference Center 3rd Floor	Time	Topic
	9:00am – 10:00am	Choosing Wisely® – Dr. Kagan
	10:00am – 11:00am	Osteoporosis – Dr. Kagan
	11:00am – 12 Noon	ENT Tricks of the Trade – Dr. Sanson
	12 Noon – 1:00pm	Lunch on your own
	1:00pm – 2:00pm	Dementia – Dr. Kagan
	2:00pm – 3:00pm	Combative, Convulsing, Agitated Patient – Dr. Sanson
	3:00pm – 4:00pm	Sore Throats That Kill and Other Nightmare ENT Emergencies – Dr. Sanson
March 21, 2023 Educational Sessions Conference Center 3rd Floor	Time	Topic
	8:30am – 9:30am	Violence in the Medical Setting – Dr. Sanson
	9:30am – 10:30am	Litigation Stress - Dr. Sanson
	10:30am – 11:30am	Palliative Care – Dr. Kagan
	11:30am – 12:30pm	Hospice Care – Dr. Kagan
March 22, 2023	5:30pm – 6:30pm	Networking and Case Discussions – Vintages, 8 th Floor
March 23, 2023	5:30pm – 6:30pm	Networking and Case Discussions – Vintages, 8 th Floor
March 24, 2023	5:30pm – 6:30pm	Networking and Case Discussions – Vintages, 8 th Floor
March 25, 2023 Educational Sessions Conference Center 3rd Floor	Time	Topic
	9:00am – 10:00am	Common Outpatient Presentations in Primary Care – Dr. Kagan
	10:00am – 11:00am	Impaired Healthcare Providers – Dr. Kagan
	11:00am – 12 Noon	Communication and Conflict – Dr. Sanson
	12 Noon – 1:00pm	Lunch on your own
	1:00pm – 2:00pm	Case Studies in Primary Care – Dr. Kagan
	2:00pm – 3:00pm	Medical Errors – Dr. Sanson
	3:00pm – 4:00pm	Wellness for the Clinician – Dr. Sanson
March 26, 2022	Have a Safe Trip Home	

Preliminary Agenda – subject to change.

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Faculty

Jeffrey M. Kagan, MD

Primary Care – Internal Medicine
Newington, Connecticut

Dr. Kagan earned two Bachelors' Degrees: Biology, and Health Sciences, a Masters' Degree in Physiology, and his M.D. degree. Prior to medical school he was a Certified Physician Assistant. He completed his residency in Primary Care Internal Medicine. He is board certified by the American Board of Internal Medicine and previously held a second board certification in Hospice and Palliative Care Medicine. He is also a Certified Medical Director (CMD) for Long Term Care by The Society for Post-Acute and Long-Term Care (PALTC formerly known as AMDA). Dr. Kagan is an Assistant Professor of Clinical Medicine at the University of Connecticut School of Medicine and an Associate Clinical Professor of Medicine at the Frank H. Netter School of Medicine at Quinnipiac University. He currently teaches medical, physician assistant, nurse practitioner students and internal medicine residents.

Dr. Kagan is frequently called upon by his peers regarding the Business Aspects and Practice Management of Medicine and is a member of the Editorial Board of Medical Economics. He has done consulting for attorneys, insurance companies, as well as pharmaceutical and wealth management companies. In addition to his busy private primary care practice, Dr. Kagan is currently the medical director of a skilled nursing facility, some group homes, and previously a home health agency and a hospice agency. He was previously a Professional Director with HAVEN, an agency that advocates and monitors impaired health professionals. He has served as an Expert Witness for both plaintiff and defendant sides of malpractice cases. His special interests include: Diving Medicine, Business Aspects of Practice, Medical Legal Cases, Risk Management, Medical Trivia and Impaired Health Professionals. His hobbies include Bicycling, Boating, Scuba diving, Golf, and Skiing.

Tracy G. Sanson MD, FACEP, CEO

Emergency Physician
Public Speaker

Recipient of the 2020 Judith E. Tintinalli Award for Outstanding Contribution in Education from the American College of Emergency Physicians

Associate Professor of Emergency Medicine

University of Central Florida, UCF, College of Medicine

Educator, Coach, Consultant, Founder TracySansonMD, LLC, Lutz, Florida

Dr. Sanson is an Emergency Physician with more than 20 years of experience in emergency medicine education, emergency department management, and leadership. She is a consultant and educator on Leadership development and Medical education, TracySansonMD, LLC and Associate Professor of Emergency Medicine @ University of Central Florida (UCF), College of Medicine.

Dr. Sanson has served in several and varied leadership positions with the Society for Academic Emergency Medicine (SAEM), the Council of Residency Directors (CORD), and the American College of Emergency Physicians (ACEP). She is a member of the ACEP Speaker's Bureau and the 911 network. She has been a member of the ACEP faculty for many years, including the ACEP Teaching Fellowship and the Emergency Department Directors Academy.

Dr. Sanson completed her medical degree and residency training at the University of Illinois at Chicago. She has held director positions in the US Air Force, the University of South Florida and TeamHealth during the past 20 years. Dr. Sanson heads her own consulting firm, specializing in leadership training.

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Disclosures

Continuing Education, Inc., seeks to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. CEI has no relationships with the manufacturers of products or devices discussed in these presentations. None of the planners of this educational activity has any relevant financial relationships to disclose.

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Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Jeffrey M. Kagan, MD

Dr. Kagan has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

Tracy G. Sanson MD, FACEP, CEO

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Accreditation Statements

Joint Accreditation

In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 16 contact hours.

Disabilities among participants

Continuing Education, Inc., and Royal Caribbean International do not discriminate against persons on the basis of disability and seek to accommodate, to the extent possible, the special needs of persons with disabilities. Travelers need to be aware, however, that certain land and shore facilities may not be fully accessible to disabled persons. Special medical, physical or other requirements must be identified at the time of booking. The CEI Activity Coordinator accompanying this program will provide assistance for participants and liaison with the ship's company.

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Topics and Objectives

- **Medical Errors**
 - Describe the types of sentinel events the Joint Commission has identified
 - Discuss what factors must be included in a root cause analysis in order for the Joint Commission to consider it “thorough” and “credible”
 - Evaluate the most common misdiagnoses
 - Describe the prevalence of medical errors and factors that contribute to an increased risk that such errors will occur
- **Litigation Stress**
 - Discuss the typical physical and emotional reactions
 - Discuss prevention strategies, including effective communication and documentation
 - Develop support systems and utilize privileged communications
 - Discuss methods to cope with the pressure of a claim, develop a sense of perspective, and transform this into a growth experience
- **Effective Communication and Conflict Management**
 - List principles of negotiation and communication
 - Identify effective communication skills and techniques
- **Sore Throats That Can Kill and Other Nightmare Emergencies**
 - Discuss the common, subtle, and key clinical findings of life-threatening ENT emergencies
 - Interpret imaging studies required for prompt diagnosis
 - Describe life-saving treatments and avoid pitfalls to help you to end the nightmare
- **ENT Tricks of the Trade**
 - Review head and neck emergencies along with high-yield procedures
 - Discuss treatment options for these emergencies
 - Describe procedures to treat head and neck complaints
- **Violence in the Medical Setting**
 - Evaluate and learn to deal with your own stress, anxieties, and emotions when confronted with these challenging situations
 - Develop strategies to promote safety, security, and dignity for all involved
 - Identify how we influence whether a crisis is prevented or escalates and how to respond properly and professionally during crisis moments
 - Implement practical skills and techniques to protect yourself and your staff
- **Combative, Convulsing, Agitated Patient**
 - Discuss the key high-risk presentations and documentation that is essential when caring for these patients
 - Describe disease states that can cause patients to present to the ED in a combative, agitated state or seizing
 - Discuss the appropriate use of sedation in the initial stabilization of combative patients
 - Discuss the indications for, and pitfalls of, patient restraints
- **Wellness for the Clinician**
 - Discuss characteristics of resilience
 - Discuss actionable items to developing a less hostile environment
 - Discuss what Medicine can do to support our clinicians
- **Osteoporosis**
 - Treat Osteoporosis with current medications to prevent patient morbidity
- **Dementia**
 - Be familiar with the work up, how to distinguish the various causes of Dementia, and current treatment options

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- **Choosing Wisely**
 - Become familiar with the concept of judicious ordering of tests and procedures, as is relevant to different specialties
- **Case Studies in Primary Care**
 - Participate in an interactive session to try and diagnose some common diseases with atypical presentations
- **Palliative Care**
 - List the tenets of Palliative Care
 - Identify how palliative care can be helpful to patients, caregivers, and providers
- **Hospice Care**
 - Identify which patients are appropriate for hospice care
 - Discuss management of hospice care and relevant US Federal regulations
- **Common Outpatient Presentations in Primary Care**
 - Evaluate and treat some common outpatient presentations without having to consult a specialist
- **Impaired Health Care Providers**
 - Identify Impaired Health Care Providers
 - Facilitate getting impaired providers the help they need, confidentially