



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

Infectious Diseases, Travel Medicine, Mental Health, Provider Burnout, and the Psychologic Impacts of COVID-19

16 AMA PRA Category 1 Credits™

16 ACPE Credits

Up to 16 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program

1 Hour of Pharmacology for Nurse Practitioners

16 CE Credits for Psychologists

16 ASWB ACE Credits

16.0 Contact Hours

1 Hour of Pharmacology for Nurse Practitioners

Seattle, Washington

Celebrity Solstice

May 19 - 26, 2023

With

Joseph Beltempo, PhD Psychologist

and

Kevin D. Dieckhaus, MD, FIDSA

CONTINUING EDUCATION, INC.

Infectious Diseases, Travel Medicine, Mental Health, Provider Burnout, and the Psychologic Impacts of COVID-19

May 19 - 26, 2023

Agenda

May 19, 2023	6:30pm – 7:30pm	Informal Meet and Greet – Cellar Masters, 4 th Floor
May 20, 2023 Educational Sessions Conference Center 14th Floor	Time	Topic
	9:00am – 10:00am	Update in Human Immunodeficiency Virus (HIV-1) Infections – Dr. Dieckhaus
	10:00am – 11:00am	Depression – Dr. Beltempo
	11:00am – 12 Noon	Newer Antimicrobial Agents and Antibiotic Resistance – Dr. Dieckhaus
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	Anxiety – Dr. Beltempo
	2:00pm – 3:00pm	Vector Borne Infections – Dr. Dieckhaus
	3:00pm – 4:00pm	Substance Abuse – Dr. Beltempo
May 21,2023	5:30pm – 6:30pm	Networking and Case Discussions – Cellar Masters, 4 th Floor
May 22,2023	10:00am – 11:00am	Networking and Case Discussions – Café al Bacio,5 th Floor
May 23,2023	5:30pm – 6:30pm	Networking and Case Discussions – Cellar Masters, 4 th Floor
May 24, 2023 Educational Sessions Conference Center 14th Floor	Time	Topic
	9:00am – 10:00am	Signs of Burnout – Dr. Beltempo
	10:00am – 11:00am	Emerging & Re-emerging Infectious Diseases – Dr. Dieckhaus
	11:00am – 12 Noon	Coping Strategies – Dr. Beltempo
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	Immunizations for the Adult Patient – Dr. Dieckhaus
	2:00pm – 3:00pm	Prevention Strategies – Dr. Beltempo
	3:00pm – 4:00pm	International Travel Medicine I: Assessment and Management of the Traveler – Dr. Dieckhaus
May 25, 2023 Educational Sessions Conference Center 14th Floor	Time	Topic
	8:30am – 9:30am	International Travel Medicine II: Mosquito-borne and Food/Water-borne Illness – Dr. Dieckhaus
	9:30am – 10:30am	Psychological Phases Associated with Covid19 Outbreak – Dr. Beltempo
	10:30am – 11:30am	International Travel Medicine III: Unique Hosts, Environments, Activities – Dr. Dieckhaus
	11:30am – 12:30pm	Psychological Reactions: - Dr. Beltempo
May 26, 2023		Have a Safe Trip Home

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Faculty

Joseph Beltempo, PhD Psychologist

Affiliate Professor, Concordia University, Psychology Dept. Montreal, Canada
Instructor, McGill University, Counseling Psychology Dept. Montreal, Canada
Order of Psychologists of Quebec, Canada (OPQ) Lic/2675-80
Association of Psychologists of Quebec, Canada (APQ) Member No: 2319
Site Clinical Supervisor at Kahnawake for McGill and Concordia Doctoral Interns
Consultant and Expert Witness for Quebec Youth Courts

Dr. Joseph Beltempo, Ph.D. Psychologist Since 1984 he was Lecturer in the Psychology Department of Concordia University (in Montreal) teaching in a wide spectrum of clinical and research areas. His clinical training was in Cognitive and Gestalt psychology at the University of Montreal. His approach takes into account the holistic (systemic) ways reflecting Native cultural perspectives together with contemporary clinical psychology. From 1982 to 2012, Dr. Beltempo, senior clinical psychologist, worked for Kahnawake Shakotia takenhas Community Services, a Mohawk Community. For two years he was the Coordinator for the Kahnawake Outreach Project, which was established to deal with the after-effects of the 1990 Mohawk Crisis. His clinical work has largely focused on addiction, mental health, dual diagnosis, Fetal Alcohol Spectrum Disorders and various methods of clinical intervention. He is highly trained in assessments and interventions of FASD and has received extensive training in diagnostics. He is Clinical Site Supervisor for Doctoral Interns in Psychology at Concordia University and McGill University. He is an Expert Witness and Consultant for Youth Courts of Quebec involving First Nations peoples.

He is the father of three young adults and has been married since 1980. Dr. Beltempo received his B.A. in Psychology from McGill University. He earned his Master's (MA, 1979; Ph.D. 1986 and Post-Doctorate, 1990) in Research & Clinical Psychology from University de Montreal. He is a member of the Order of Psychologists of Quebec since 1979 (Lic. 2675-80).

Kevin D. Dieckhaus, MD, FIDSA

Professor of Medicine
Chief, Division of Infectious Diseases
Director of Global Health & International Studies
University of Connecticut School of Medicine, Farmington, Connecticut

Dr. Dieckhaus completed his Medical Schooling at the University of Missouri-Kansas City, Internal Medicine training at Yale-New Haven Hospital, and Infectious Diseases fellowship at the University of Connecticut. He is the lead physician for the Infectious Diseases clinical services at UConn Health, and is the director of International Travel Medicine and Immunization Services at UConn Health Center.

He leads the University of Connecticut's HIV/AIDS support services to improve and enhance the medical care and address medical and economic inequities of the HIV/AIDS populations in Central Connecticut. He teaches microbiology, parasitology and infectious diseases at the UConn School of Medicine, and is a Key Clinical Faculty member of the UConn Infectious Diseases Fellowship Program.

Dr. Dieckhaus has developed linkages with numerous international partners to promote medical trainee clinical education in immersive cross-cultural settings. He is the medical director for the Clare Nsenga Foundation, a 501-c3 charitable organization that operates a rural medical clinic, maternity center, and associated public health-related outreach programs in Kisoro, Uganda, and volunteers regularly as a visiting physician at the St. Francis Hospital in Mutolere, Uganda. Numerous medical trainees have joined him to participate in clinical medicine, public health programs, and community/global health research in Kisoro, Uganda.

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Disclosures

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Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Joseph Beltempo, PhD Psychologist

Dr. Beltempo has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

Kevin D. Dieckhaus, MD, FIDSA

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Accreditation Statements

Joint Accreditation

In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 16 contact hours.

ABIM MOC Part 2

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Psychologists

Credit Designation for Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers

Credit Designation for Social Workers: As a Jointly Accredited Organization, Continuing Education, Inc is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 16 Clinical continuing education credits.

Does not apply to the following states/provinces: New Jersey, New York, Yukon Territories.

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Topics and Objectives

- **Update in Human Immunodeficiency Virus (HIV-1) infections**
 - Discuss treatment principles of HIV infection, antiretroviral medication, prophylaxis and identification of opportunistic infections, and transmission prevention strategies
- **Newer antimicrobial agents and antibiotic resistance**
 - Discuss newer anti-infective agents and concepts of antimicrobial resistance
- **Vector borne infections**
 - Recognize, diagnose, and manage vector-borne illnesses
- **Emerging & Re-emerging Infectious Diseases**
 - Recognize, diagnose, and manage infections that are increasing in incidence or geographic range
- **Immunizations for the Adult Patient**
 - Provide vaccination strategies for prevention of illness in the adult patient
- **International Travel Medicine I: Introduction to assessment and management of the traveler**
 - Consider the principles of organizing a travel service and preparing the international traveler for common conditions
- **International Travel Medicine II: Mosquito-borne and Food/Water-borne illness**
 - Identify patients at risk of illness and formulate strategies for prevention of illness using vaccination, behavioral interventions, and medications
- **International Travel Medicine III: Prevention of illness related to unique hosts, environments, or activities**
 - Identify patients at risk of illness and describe appropriate strategies for minimizing risk during travel

Mental Health: Top 3 major psychological concerns:

- **Depression**
 - Manage symptoms with brief interventions in primary care
- **Anxiety**
 - Discuss brief treatment principles; rapid assessment tools and psychological treatment approaches in primary care
- **Substance abuse**
 - Overview of brief treatment using Stages of Change Model: Return to mental wellness and the search for internal balance

Provider Burnout:

- **Signs of Burnout**
 - Discuss signs of depression, anxiety, sleep disturbances, fatigue, alcohol and drug misuse, marital & family dysfunction, exhaustion, premature retirement
- **Coping Strategies**
 - Adjusting personal and professional expectations, case discussion
- **Prevention strategies**
 - Discuss preventing and recovering from burnout. Identify signs of recovery, renewal and resilience in provider care

Post-pandemic impacts:

- **Psychological phases associated with Covid19 outbreak:** vulnerability and uncertainty contributions to somatic and cognitive symptoms of anxiety across different age groups
- **Psychological Reactions:** longer quarantine duration, fears and frustration of infection, social distancing, boredom, inadequate resources or information, and financial loss. Consequences on mental health; emphasis on social cohesion, connectedness, hope, and resiliency.