



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

Cardiology & Women's Health Through the Life Cycle

16 AMA PRA Category 1 Credits™

16 ACPE Credits

Up to 16 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program

16.0 Contact Hours

11-Night Italy, Turkey, & Greek Isles Cruise

Round-trip Civitavecchia (Rome), Italy

Celebrity Beyond

June 05 - 16, 2023

With

Mark Eisenberg, MD , MPH, FACC, FAHA

And

Laraine T. Zappert, PhD

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June 05 - 16, 2023

Agenda

June 5, 2023	6:30pm – 7:30pm	Informal Meet and Greet – The Club, 4 th Floor - Friends and Family Invited
June 6, 2023	No Events Today	
June 7, 2023 Educational Sessions Engage Meeting Room The Meeting Place 4th Floor	Time	Topic
	9:00am – 10:00am	Introduction to Mood Disorders in Reproductive Age Women – Dr. Zappert
	10:00am – 11:00am	Congestive Heart Failure - Dr. Eisenberg
	11:00am – 12 Noon	Pregnancy and the Transition to Motherhood- Dr. Zappert
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	Stress Testing - Dr. Eisenberg
	2:00pm – 3:00pm	Biopsychosocial Issues in the Post-Partum Transition- Dr. Zappert
	3:00pm – 4:00pm	Atrial Fibrillation - Dr. Eisenberg
June 8, 2023	No Events today	
June 9, 2023	5:00pm – 6:00pm	Networking and Case Discussions – The Club, 4th Floor
June 10, 2023	9:30am – 10:30am	Networking and Case Discussions – Café al Bacio – 4th Floor
June 11 2023 Educational Sessions Engage Meeting Room The Meeting Place 4th Floor	Time	Topic
	1:00pm - 2:00pm	The Perimenopause/Menopause Transition- Dr. Zappert
	2:00pm – 3:00pm	Acute Coronary Syndromes - Dr. Eisenberg
	3:00pm – 5:00pm	Risk factors in Women's Mental Health :Sexual Assault – Dr. Zappert
June 12, 2023	5:00pm – 6:00pm	Networking and Case Discussions – The Club, 4th Floor
June 13, 2023	5:30pm – 6:30pm	Networking and Case Discussions – The Club, 4th Floor
June 14, 2023 Educational Sessions Engage Meeting Room The Meeting Place 4th Floor	Time	Topic
	9:00am – 10:00am	Aortic Stenosis - Dr. Eisenberg
	10:00am – 11:00am	Risk factors in Women's Mental Health Intimate partner Violence Part 1 – Dr. Zappert
	11:00am – 12 Noon	Smoking Cessation – Dr. Eisenberg
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	ECG Case Studies Part 1 - Dr. Eisenberg
	2:00pm – 3:00pm	Risk factors in Women's Mental Health Intimate partner Violence Part 2 – Dr. Zappert
3:00pm – 4:00pm	ECG Case Studies Part 2 - Dr. Eisenberg	
June 15, 2023	No Events Today	
June 16, 2023	Have a Safe Trip Home	

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Faculty

Mark Eisenberg, MD , MPH, FACC, FAHA

Dr. Eisenberg is a James McGill Professor of Medicine at McGill University. His responsibilities include teaching medical students, residents and fellows. Moreover, he is a Staff Cardiologist at the Jewish General Hospital, where he is an active Interventional Cardiologist who also performs stress tests, sees patients in clinic, and rounds on the cardiology consultation service. Furthermore, Dr Eisenberg is the Director of the McGill MD-PhD Program, and an Associate Member of the McGill Department of Epidemiology and Biostatistics. In addition to his clinical responsibilities, he is the Director of the Cardiovascular Health Services Research Group at the hospital and a Senior Investigator at the Centre for Clinical Epidemiology. Dr. Eisenberg completed his MD at the University of Rochester. He then did a residency in Internal Medicine at McGill University, and a Masters of Public Health at Harvard University. Afterwards, he completed a research fellowship in Echocardiography and Epidemiology at the University of California in San Francisco, where he also completed a cardiology fellowship. Dr. Eisenberg did an interventional fellowship at the Cleveland Clinic. He obtained a Masters of Management in International Health Leadership from McGill University in 2010.

Over the course of his career, Dr Eisenberg has published over 300 articles in peer-reviewed journals and participated in several collaborative works. In 2010, he published a book entitled “The Physician Scientist's Career Guide.” He has subsequently published three other books (“Cardiology Board Review and Self-Assessment: A Companion Guide to Hurst’s the Heart” in 2018, “Case Studies in Interventional Cardiology” in 2019, and “The Essential MD-PhD Guide” in 2021). His research interests include primary and secondary prevention of cardiovascular disease, health services and outcomes research, smoking cessation, the metabolic syndrome, clinical trials, and meta-analyses. He is also interested in related, broader prevention and public health issues affecting the North American population, such as obesity and patient exposure to radiation from medical therapeutic and diagnostic procedures. Over the years, Dr Eisenberg has received funding from the Canadian Institutes of Health Research, the Heart and Stroke Foundation of Canada, and the Fonds de la recherche en santé du Québec.

Laraine T. Zappert, PhD

Dr. Zappert is a Clinical Professor in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine. As a faculty member at the Center for Neuroscience in Women’s Health at Stanford, Dr. Zappert was instrumental in developing and directing the first Clinical Psychology Ph.D. program in Women’s Health. Previously, Dr. Zappert had served as Director of Clinical Training at Vaden Student Health Services at Stanford.

Currently, she teaches a course on Sexual Violence and Recovery, and supervises the clinical work of residents in the Department of Psychiatry. In addition to her clinical, teaching and research responsibilities, Dr. Zappert has served as the Director of Stanford University's Sexual Harassment Policy Office since its inception in 1993. She also founded and led the Women’s Group Program at Stanford’s Graduate Schools of Business and Law for over 20 years. In 2001, Dr. Zappert initiated the (WISE) Women in Science and Engineering Program for women graduate and post-doctoral students in the Schools of Engineering, Science and Medicine at Stanford, and more recently, extended that program (WISSH) to graduate and post-doctoral women in Humanities and Social Sciences at Stanford.

Dr. Zappert's clinical work and research has focused on the areas of women's mental health, work and wellness. She is the senior author of the 1985 landmark study “In the Pipeline”, as well as the 2002 study, “Priming the Pipeline” both of which examined the stresses confronting women in science and engineering at Stanford. Her book, *Getting It Right: How Working Mother’s Successfully Take Up the Challenge of Life, Work and Family* has been nationally recognized as an authoritative resource for professional women and their families.

Most recently, Dr. Zappert was the senior author on an article (in press) on *The Impact of a Support Group Intervention for Women in STEM*. In 2017, she was awarded a Faculty Fellowship at the Clayman Institute for Gender Research

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Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Mark Eisenberg, MD , MPH, FACC, FAHA

Dr. Eisenberg has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

Laraine T. Zappert, PhD

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Accreditation Statements

Joint Accreditation

In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 16 contact hours.
Course Identification Number: WO012923

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