



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

**Medical Ethics and End-of-Life Care; ENT and Sleep
Medicine**

16 AMA PRA Category 1 Credits™

16 ACPE Credits

Up to 16 (part II) MOC points in medical knowledge in the American Board of Internal
Medicine's (ABIM) Maintenance of Certification (MOC) program

1 Hour of Pharmacology for Nurse Practitioners

16.0 Contact Hours

Seattle, Washington

July 07 - 14, 2023

With

Kathy L. Cerminara, JD, LLM, JSD

and

J. David Cunningham, Jr., MD, FACS

CONTINUING EDUCATION, INC.

Medical Ethics and End-of-Life Care; ENT and Sleep Medicine

July 07 - 14, 2023

Agenda

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| July 7, 2023 | 6:30pm – 7:30pm | Informal Meet and Greet – Cellar Masters, 4 th Floor |
| July 8, 2023 Educational Sessions Conference Center 14 th Floor | Time | Topic |
| | 9:00am – 10:00am | Taste and Smell – Dr. Cunningham |
| | 10:00am – 11:00am | The Modern End-of-Life Care Medical-Legal Landscape – Professor Cerminara |
| | 11:00am – 12 Noon | Halitosis – Dr. Cunningham |
| | 12 Noon – 1:00pm | Lunch on your own |
| | 1:00pm - 2:00pm | Dying and the Patient With Decision Making Capacity – Professor Cerminara |
| | 2:00pm – 3:00pm | Rhinitis - Not Just Allergy – Dr. Cunningham |
| | 3:00pm – 4:00pm | When the Patient Lacks Capacity (With or Without An Advance Directive) – Professor Cerminara |
| July 9, 2023 | 5:00pm – 6:00pm | Networking and Case Discussions – Cellar Masters, 4 th Floor |
| July 10, 2023 | 10:00am – 11:00am | Networking and Case Discussions – Café al Bacio, 5 th Floor |
| July 11, 2023 | 5:30pm – 6:30pm | Networking and Case Discussions – Cellar Masters, 4 th Floor |
| July 12, 2023 Educational Sessions Conference Center 14 th Floor | Time | Topic |
| | 9:00am – 10:00am | Palliative Care and Hospice – Professor Cerminara |
| | 10:00am – 11:00am | Head and Neck Manifestations of Reflux-Dr. Cunningham |
| | 11:00am – 12 Noon | Death by Neurological Criteria – Professor Cerminara |
| | 12 Noon – 1:00pm | Lunch on your own |
| | 1:00pm - 2:00pm | Narcolepsy and Other Sleep Disorders – Dr. Cunningham |
| | 2:00pm – 3:00pm | Futility: When Some Clinicians Favor Termination of Treatment But Others, or Family Members, Don't – Professor Cerminara |
| | 3:00pm – 4:00pm | Sleep Apnea Update 2023 Part 1 – Dr. Cunningham |
| July 13, 2023 Educational Sessions Conference Center 14 th Floor | Time | Topic |
| | 8:30am – 9:30am | Beyond Withholding and Withdrawing – Professor Cerminara |
| | 9:30am – 11:30am | Sleep Apnea Update 2023 Parts 2 and 3 |
| | 11:30am – 12:30pm | Case Discussions and Debriefing – Professor Cerminara |
| July 14, 2023 | | Have a Safe Trip Home |

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Faculty

Kathy L. Cerminara, JD, LLM, JSD, Professor of Law, Shepard Broad College of Law, Nova Southeastern University, Ft. Lauderdale, FL

Professor Kathy Cerminara bridges the medical and legal professions with her work on patients' rights in the end-of-life decision-making arena. She co-authors the nationally known treatise, *The Right to Die: The Law of End-of-Life Decision making*, and is a reviewer for several medical and medical-legal journals. Her scholarship most recently has focused on the intersection between end-of-life care, palliative care, and health care coverage policy. At the Nova Southeastern University Shepard Broad College of Law, she is a full professor. She is also an affiliate faculty member at NSU's Dr. Kiran C. Patel College of Allopathic Medicine.

Professor Cerminara teaches Health Policy & Bioethics, Bioethics and Law and Medicine seminars, Mental Health Law, and other health-law-related courses, in addition to Torts, Civil Procedure, and Administrative Law. She also created and was the initial director of the online Master of Science in Health Law program for non-lawyers.

Professor Cerminara has enjoyed nation and international recognition for her scholarship and service. Most recently, she was awarded the 2023 Distinguished Health Law Service Award from the Association of American Law Schools' Law, Medicine & Health Care Section. In 2017, she received a Scholars Award for innovative interprofessional work with the Broward County Mental Health Court. In 2013, she earned an American Health Lawyers Association 2012 Pro Bono Champion award for co-organizational work on *Wounds of War: Meeting the Needs of Active-Duty Military & Veterans With Post-Traumatic Stress Disorder*, a symposium taking place at NSU law school on February 1, 2013.

Additionally, since 2012, she frequently has been a member of the International Scientific Committee for the International Academy of Law & Mental Health, based in Montreal, Canada. In that position, she has co-organized the stream of therapeutic jurisprudence presentations for four of the Academy's bi-annual Congresses: one in Amsterdam in 2013, one in Vienna in 2015, one in Prague in 2017, and one in Rome in 2019. In recognition of that work, in 2017, the International Society of Therapeutic Jurisprudence awarded her and her co-organizer the first-ever Wexler/Winick Distinguished Service Award in Prague.

Prior to joining the College of Law faculty, Professor Cerminara taught at the University of Miami School of Law and St. Thomas University School of Law, clerked in the Western District of Pennsylvania and the United States Court of Appeals for the Third Circuit, and practiced law with Reed Smith Shaw & McClay in Pittsburgh, Pennsylvania.

Professor Cerminara received her J.D. magna cum laude from the University of Pittsburgh and her LL.M. and J.S.D. from Columbia University. She is an affiliate member of the Health Law and Tort Trial and Insurance sections of The Florida Bar, a retired member of the Pennsylvania Bar, and a member of organizations such as the American Bar Association, and the American Society of Law, Medicine & Ethics.

J. David Cunningham, Jr., MD, FACS, Clinical Associate Professor of Surgery, Department of Otolaryngology, Campbell University Medical School; Board Certified in Otolaryngology and Sleep Medicine, Director of Sleep Diagnostics at UNC ENT, Goldsboro NC

J. David Cunningham MD completed his medical training at Thomas Jefferson University as well as an Otolaryngology-Head and Neck Surgery residency in 1984. He was in private practice in suburban Philadelphia and was an academic instructor in Otolaryngology with both the University of Pennsylvania and Thomas Jefferson until moving to North Carolina in 2001. He is presently practicing at UNC Ear Nose and Throat, associated with University of North Carolina since March of 2018 and is an associate Professor of Otolaryngology with Campbell University Medical College since 2014. He is board certified in Otolaryngology in 1984 and with subspecialty Sleep Medicine in 2008.

Disclosures

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Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Kathy L. Cerminara, JD, LLM, JSD

Prof. Cerminara has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

J. David Cunningham, Jr., MD, FACS

Dr. Cunningham has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

Accreditation Statements

Joint Accreditation

In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 16 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 16 contact hours.

ABIM MOC Part 2

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Psychologists

Credit Designation for Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers

Credit Designation for Social Workers: As a Jointly Accredited Organization, Continuing Education, Inc is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 16 Clinical continuing education credits.
Does not apply to the following states/provinces: New Jersey, New York, Yukon Territories.

DISABILITIES AMONG PARTICIPANTS

Continuing Education, Inc., and Celebrity Cruises do not discriminate against persons on the basis of disability and seek to accommodate, to the extent possible, the special needs of persons with disabilities. Travelers need to be aware, however, that certain land and shore facilities may not be fully accessible to disabled persons. Special medical, physical or other requirements must be identified at the time of booking. The CEI Activity Coordinator accompanying this program will provide assistance for participants and liaison with the ship's company.

Topics and Objectives

- **Taste and Smell**
 - increased awareness of common taste and smell disorders, testing methods and treatment options as well as awareness in association with systemic disorders
- **Halitosis**
 - Increased awareness of analysis of breath disorders and halitosis. Providers will have treatments and testing strategies for halitosis
- **Rhinitis - Not Just Allergy**
 - Formulate a treatment plan for the various forms of rhinitis and have increased awareness of conditions associated with nasal symptoms that are not true rhinitis disorders
- **Head and Neck Manifestations of Reflux**
 - Increased awareness of the ENT disorders associated with reflux activity and be able to determine the likelihood that symptoms will improve with reflux treatments. The importance of non-pharmacologic treatments will be emphasized
- **Narcolepsy and Other Sleep Disorders**
 - Increased awareness of symptoms of sleep disorders and have a diagnostic strategy for these disorders. Current treatment options will be discussed
- **Sleep Apnea Update 2023 (3hours)**
 - Recognize the importance of screening all patients for sleep apnea and have an easy screening evaluation in their practice
 - Consider all treatment options including newer surgical treatments such as Hypoglossal nerve stimulators
 - Effectively manage sleep apnea with CPAP treatment in the primary care setting
- **The Modern End-of-Life Care Medical-Legal Landscape**
 - Discuss ethically and legally appropriate end-of-life treatment choices with patients. Identify patients' options distinguish among legally appropriate and inappropriate choices
- **Dying and the Patient With Decision Making Capacity**
 - "Define "advance directives" and identify their purposes
 - Differentiate between instructional and decisionmaker advance directives
 - Distinguish advance directives from physician orders such as DNRs and POLSTs
 - Identify contemporaneous (not advance) choices for end-of-life care that patients may make when terminally ill.
- **When the Patient Lacks Capacity (With or Without An Advance Directive)**
 - Explain state laws that permit family members or others to make decisions on behalf of incapacitated patients
 - Analyze decision making standards governing those decisionmakers
- **Palliative Care and Hospice**
 - Explain the difference between palliative care and hospice
 - Explain Medicare requirements for coverage of hospice care, both the traditional rules and the new value-based rules
 - Evaluate patients' requests or suggestions of hospice care made by other members of the are team or by hospice providers themselves

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- **Death by Neurological Criteria**
 - Explain how and why the law began recognizing medical professionals' use of neurological criteria to declare death
 - Explain multiple types of objections raised by the family members of patients physicians believe are dead by neurological criteria or may be subject to testing for satisfaction of the requirements of death by neurological criteria
 - Differentiate among various positions being taken during discussions of revision of the criteria to be satisfied
- **Futility: When Some Clinicians Favor Termination of Treatment But Others, or Family Members, Don't**
 - Explain the concept of medical futility
 - Compare state laws describing specific procedures and time periods applicable when clinicians view a patient's treatment as futile with state laws that are less specific
 - Prepare for potential health care team members' or families objecting to withholding or withdrawal of life-sustaining treatment the majority of the team views as futile
- **Beyond Withholding and Withdrawing**
 - Differentiate between medical aid in dying/medically assisted suicide and euthanasia
 - Explain the range of statutory requirements in states legalizing the practice
 - Identify trends in revisions to those state laws over time, as they guide practice
- **Case Discussions and Debriefing**
 - Apply what was learned about end-of-life treatment choices to case studies
 - Evaluate the relevance of principles discussed to attendees' practices
 - Consider and respond to the viewpoints of other health care professionals, thus setting the stage for similar discussion as appropriate with interprofessional health care teams outside of the instructional setting