



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

Update in Women's Health and Phlebology

12 AMA PRA Category 1 Credits™

12 ACPE Credits

Up to Up to 12 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program

3 Hours of Pharmacology for Nurse Practitioners

12.0 Contact Hours

7-Night Spanish Magic Cruise

Lisbon, Portugal

Seabourn Ovation

October 08 - 15, 2023

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Jerry G. Ninia, MD, RVT

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Agenda

October 8, 2023	6:30pm – 7:30pm	Informal Meet and Greet – Location TBA
October 9, 2023 Educational Sessions Location TBA	Time	Topic
	8:30am – 12:30pm	<ul style="list-style-type: none"> • Chronic Venous Insufficiency • Pelvic Phlebology • Endometriosis
	12:30pm – 1:30pm	Lunch
	1:30pm - 4:30pm	<ul style="list-style-type: none"> • PCOS • Postpartum Hemorrhage
October 10, 2023	No Events Today	
October 11, 2023 Educational Sessions Location TBA	Time	Topic
	4:00pm – 6:00pm	<ul style="list-style-type: none"> • Ultrasound in OBGYN • Osteoporosis
October 12, 2023 Educational Sessions Location TBA	Time	Topic
	3:00pm – 6:00pm	<ul style="list-style-type: none"> • Urogynecology • Vaginitis Revisited • Discussion
October 13, 2023	No Events Today	
October 14, 2023	5:30pm – 6:30pm	Networking and Case Discussions – Location TBA
October 15, 2023	Have a Safe Trip Home	

Preliminary Agenda – subject to change.

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Faculty

Jerry G. Ninia, MD, RVT

Clinical Associate Professor, Obstetrics and Gynecology, Stony Brook University Renaissance School of Medicine; Clinical Professor, Obstetrics and Gynecology, NYIT College of Osteopathic Medicine

Dr. Ninia is the Chairman of the Department of Obstetrics and Gynecology at St. Charles Hospital in Port Jefferson, NY and a Clinical Associate Professor of OB/GYN at Stony Brook University School of Medicine.

He received his medical degree from Wayne State University School of Medicine and continued his post graduate training at Nassau County Medical Center. For over 30 years, he has maintained two separate private practices in both OB/GYN and Phlebology. He has lectured internationally on the topic of women's health and venous disease and has authored 3 text book chapters and over 25 articles in peer reviewed journals. He is the clerkship director for NYITCOM medical students rotating through St. Charles hospital department of OBGYN with administrative, didactic and clinical teaching responsibilities.

A Fellow of the American College of OB/GYN's, Surgeons and Phlebologists, he is board certified in OB/GYN as well as Phlebology and was instrumental in the creation of the nationally administered Phlebology board certification exam. He is certified by the American Registry for Diagnostic Medical Sonography as a Registered Vascular Technologist. He has served as a member of the American College of Phlebology Board of Directors and the Phlebology Foundation Board. He has served on the Catholic Health Services of Long Island Board of Trustees and helped create initiatives to improve patient safety in Labor and Delivery. His efforts resulted in St. Charles hospital earning the Healthcare Association of New York State Pinnacle Award for quality and patient safety along with his earning the prestigious Theodore Roosevelt award given to those individuals who provide outstanding voluntary contributions and leadership at Long Island hospitals.

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Continuing Education, Inc., seeks to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. CEI has no relationships with the manufacturers of products or devices discussed in these presentations. None of the planners of this educational activity has any relevant financial relationships to disclose.

Speakers participating in CME programs are asked to disclose any involvement with commercial organizations and their responses are indicated below. In addition, any unlabeled or investigational uses of pharmaceuticals or equipment must be identified to participants during presentations. The existence of commercial relationships does not prevent speakers from making presentations. The intent of this CEI policy is consistent with requirements of the Accreditation Council for CME and is designed to provide complete information to the audiences. Participants must make their own judgments about the content of presentations in light of these disclosures and determine if possible bias or misrepresentation has occurred.

Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Jerry G. Ninia, MD, RVT

Dr. Ninia has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

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Accreditation Statements

Joint Accreditation

In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Designation: Continuing Education, Inc. designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 12 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 12 contact hours.

This activity provides 3 hours of pharmacology for nurse practitioners

DISABILITIES AMONG PARTICIPANTS

Continuing Education, Inc., and Seabourn Cruise Line do not discriminate against persons on the basis of disability and seek to accommodate, to the extent possible, the special needs of persons with disabilities. Travelers need to be aware, however, that certain land and shore facilities may not be fully accessible to disabled persons. Special medical, physical or other requirements must be identified at the time of booking. The CEI Activity Coordinator accompanying this program will provide assistance for participants and liaison with the ship's company.

Topics and Objectives

- **Chronic Venous Insufficiency**
 - Recognize that CVI is more than just a cosmetic nuisance and lack of treatment can contribute to significant morbidity
 - Utilize appropriate diagnostic approaches to evaluate and treat patients across the entire spectrum of CVI
- **Pelvic Phlebology**
 - Recognize the new Symptoms-Varicies-Pathophysiology classification scheme for pelvic venous disease and point out the need for a multidiscipline, integrated approach to diagnosis and treatment
 - Discuss traditional and contemporary terminology for pelvic venous disease and introduce the new SVP classification scheme.
- **Endometriosis**
 - Recognize new diagnostic and treatment modalities for endometriosis
 - Analyze pelvic pain in the clinical setting of endometriosis, devise a comprehensive treatment plan using the estrogen threshold hypothesis and understand newer diagnostic and treatment opportunities in the form of micro-RNA
- **Vaginitis Revisited**
 - Compare a wide variety of treatment modalities for vaginitis
 - Know when to biopsy
 - Identify routine as well as challenging causes of vulvar/vaginal symptoms of burning, itching or pain
 - Expand upon vaginitis related to estrogen deprivation.
- **Ultrasound in OB/GYN**
 - Identify classic ultrasound signs of obstetrical and gynecological pathology using office-based diagnostic ultrasound
 - Recognize and determine, using ultrasound pictures, normal vs. pathology in antenatal maternal/child care.
 - Recognize uterine and ovarian disease in gynecological patients
- **Osteoporosis**
 - Clarify the benefits and risks of treatment and non-treatment
 - Analyze the overall pathophysiology of osteoporosis and employ different treatment strategies
 - Recognize the pharmacological basis of treatment
- **Polycystic Ovarian Syndrome**
 - Recognize the complexity of the 4 phenotypes of PCOS, their associated co-morbidities and the implications of treatment in those patients who do and do not want to conceive
 - Develop a cost-effective thorough plan for assessing PCOS and the benefits of treatment in those patients who do and do not want to conceive
- **Hypertension in Pregnancy**
 - Recognize and differentiate that hypertension and severe preeclampsia in the pregnant patient is physiologically different than those critical care patients with severe hypertension unrelated to pregnancy
- **Postpartum Hemorrhage**
 - Identify risk factors for postpartum hemorrhage
 - Describe a stepwise approach to the management of postpartum hemorrhage
 - Review pharmacological and blood products used in the management of postpartum hemorrhage
- **Urogynecology**
 - Describe the scope of practice of urogynecology in a contemporary women's health practice
 - Differentiate the different types of urinary incontinence
 - Differentiate the different types of pelvic floor prolapse and discuss non-surgical (pessary) and surgical approach to treatment
 - Discuss and differentiate the different pharmacological treatments for overactive bladder