



Continuing Education, Inc
UNIVERSITY AT SEA™

Presents

**Cardiology, Emergency Medicine & Provider and
Patient Wellness**

21 AMA PRA Category 1 Credit(s)™

21 ACPE Credits

Up to 21 (part II) MOC points in medical knowledge in the American Board of
Internal Medicine's (ABIM) Maintenance of Certification (MOC) program

4 Hours of Pharmacology for Nurse Practitioners

21.0 Contact Hours

**Ft. Lauderdale, Florida
January 08 - 19, 2024**

with

Merrill A. Krolick, DO, FACC, FACP

and

C. Joy Sachs, MD, MPH

Continuing Education, Inc.
“Cardiology, Emergency Medicine & Provider and Patient Wellness”
January 8 - 19, 2024

Monday, January 8, 2024	5:00pm - 6:00pm	Informal Meet and Greet, Families and Guests Invited Eden Bar, Deck 5, Aft
Tuesday, January 9 Engage Meeting Room The Meeting Place Deck 4	Time	Topic
	9:00am - 9:30am	Opening Remarks and Introductions
	9:30am – 10:30am	Dangerous Medication in the Elderly – Dr. Sachs
	10:30am – 11:30am	Workplace Violence – Dr. Sachs
	11:30am – 12:30pm	Atrial Fibrillation – Dr. Krolick
	12:30pm - 1:30pm	Lunch on your own
	1:30pm - 2:30pm	Intimate Partner Violence – Dr. Sachs
	2:30pm – 3:30pm	CHF: Modern Day Treatment Including the Role of Device Therapy - - Dr. Krolick
	3:30pm – 4:30pm	DVT and PE: Modern Day Treatment – Dr. Krolick
Wednesday, January 10	4:00pm - 5:00pm	Networking and Case Discussions - Cafe al Bacio, 4th Floor
Thursday, January 11 Engage Meeting Room The Meeting Place Deck 4	Time	Topic
	9:00am – 10:00am	Abdominal Aneurysms and EVAR – Dr. Krolick
	10:00am – 11:00am	Peripheral Vascular Disease – Dr. Krolick
	11:00am – 12 Noon	Sexual Assault – Dr. Sachs
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	Preoperative Testing – Dr. Krolick
	2:00pm – 3:00pm	Physician Burnout and Depression – Dr. Sachs
	3:00pm – 4:00pm	Improving Provider well-being: Personal and Institutional Interventions – Dr. Sachs
4:00pm – 4:30pm	Discussion	
Friday, January 12	4:00pm - 5:00pm	Networking and Case Discussions - Cafe al Bacio, 4th Floor
Saturday, January 13		No Events Today

Agenda continued on next page.

Sunday, January 14	6:00pm - 7:00pm	Networking and Case Discussions - Cafe al Bacio, 4th Floor
Saturday, January 15		No Events Today
Sunday, January 16 Engage Meeting Room The Meeting Place Deck 4	Time	Topic
	8:30am – 9:30am	Challenging Interactions in the Medical Setting – Dr. Sachs
	9:30am – 10:30am	Disease Prevention: Tobacco Cessation – Dr. Sachs
	10:30am – 11:30am	Varicose Veins – Dr. Krolick
	11:30am – 12:30pm	Endocarditis – Dr. Krolick
Monday, January 17 Engage Meeting Room The Meeting Place Deck 4	Time	Topic
	8:30am – 9:30am	Coronary Revascularization Guidelines – Dr. Krolick
	9:30am – 10:30am	Acute Coronary Syndromes – Dr. Krolick
	10:30am – 11:30am	Disease Prevention: Alcohol Misuse, Health Consequences, and Patient Counseling – Dr. Sachs
	11:30am – 12:30pm	An evidence-based approach to oral analgesics for Acute Pain – Dr. Sachs
Tuesday, January 18	6:00pm - 7:00pm	Networking and Case Discussions - Cafe al Bacio, 4th Floor
Wednesday, January 19		Have a Safe Trip Home!

Faculty

Merrill A. Krolick, DO, FACC, FACP

Merrill Krolick, DO, FACC, FACP, was born in New York City. He received his bachelor's degree in biology from Rensselaer Polytechnic Institute in Troy, N.Y. He then attended the New York College of Osteopathic Medicine in Old Westbury, N.Y. He completed a rotating internship at Sun Coast Osteopathic Hospital in Largo, Fla.

Dr. Krolick has been in clinical practice since 1992. Initially he practiced at Fairfax Hospital in Fairfax, Va. Currently he is practicing at The Heart Institute at Largo. He is an attending cardiologist at HCA Largo Medical Center, Morton Plant Hospital and HCA Indian Rocks Hospital.

Dr. Krolick has been a previous chairperson and director of the Pinellas chapter of the American Heart Association. He currently serves as co-director of the cardiology fellowship program at HCA Largo Medical Center and is director of the interventional cardiology fellowship. He directs the cardiac cath lab at HCA Largo Medical Center.

Dr. Krolick is triple board certified in Internal medicine, cardiology and interventional cardiology. He has written numerous articles including being published in The New England Journal of Medicine, and writing recent chapters in cardiovascular textbooks. He is an associate professor in cardiology at the University of South Florida, and at Nova Southeastern University in Fort Lauderdale, FL.

Dr. Krolick has served as clinical investigator on numerous drug and clinical device trials including drug coated balloons for treatment of peripheral vascular disease and the original drug coated stent trials for coronary artery disease. He practices noninvasive cardiology and interventional cardiology. His special interest is in peripheral vascular disease. He is recognized as both a national and local leader in endovascular interventions. He is currently on advisory panels for Bard Peripheral Vascular, CSI, Access Closure and St. Jude Medical. He has spoken at major vascular meetings including AMP and The Veins.

His peripheral interests included endovascular aortic aneurysm treatment and treatment of CLI (critical limb ischemia), Deep Vein Thrombosis (DVT), venous treatment, and treatment of symptomatic claudication. He is a Fellow of the American College of Cardiology, American College of Physicians and Society of Cardiac Angiography and Interventionalists.

C. Joy Sachs, MD, MPH

Clinical Professor, UCLA Emergency Medicine Department, Los Angeles, California; Voluntary Medical Director FNS Sexual Assault Examination Program, Long Beach, California

Dr. Carolyn Joy Sachs graduated from the honors program in medical education at Northwestern University in 1990 and then went on to completed an emergency medicine residency and research fellowship at the UCLA Emergency Medicine Center where she has stayed on ever since and currently serves in the rank of Clinical Professor step III. Her career research interests have centered on violence against women and she has authored many peer reviewed publications and book chapters on sexual assault and intimate partner violence.

For the last 23 years she has served as a chairwoman of the UCLA Intimate Partner Violence Committee. She serves as the voluntary medical director for a comprehensive forensic sexual assault examination program which provides over 1200 emergent sexual assault examinations to adults and children living in Southern California each year.

Dr. Sachs is also a full time practicing academic emergency physician in the UCLA Emergency Department with an interest in physician well-being. She serves on the UCLA physician Health and Wellness committee and as the faculty advisor for the UCLA/OV Emergency Residency Wellness Committee. She has lectured nationally and internationally about intimate partner violence, sexual assault, provider well-being and other emergency medicine topics.

Accreditation Statements

Joint Accreditation



In support of improving patient care, Continuing Education, Inc./University at Sea™ is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Designation: Continuing Education, Inc. designates this live activity for a maximum of 21 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

Designation: Continuing Education, Inc. designates this live activity for a maximum of 21 ACPE Credits.

Nurses

Designation: Nurses completing this educational activity will receive a maximum of 21 contact hours. This activity provides 4 Hours of Pharmacology for Nurse Practitioners

ABIM



MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 21 (part II) MOC points in medical knowledge in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit/

DISABILITIES AMONG PARTICIPANTS

Continuing Education, Inc., and Celebrity Cruises do not discriminate against persons on the basis of disability and seek to accommodate, to the extent possible, the special needs of persons with disabilities.

Travelers need to be aware, however, that certain land and shore facilities may not be fully accessible to disabled persons. Special medical, physical or other requirements must be identified at the time of booking. The CEI Activity Coordinator accompanying this program will provide assistance for participants and liaison with the ship's company.

Disclosures

Continuing Education, Inc., seeks to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. CEI has no relationships with the manufacturers of products or devices discussed in these presentations. None of the planners of this educational activity has any relevant financial relationships to disclose.

Speakers participating in CME programs are asked to disclose any involvement with commercial organizations (ineligible companies) and ~~the~~ responses are indicated below. In addition, any unlabeled or investigational uses of pharmaceuticals or equipment must be identified to participants during presentations. The existence of commercial relationships does not prevent speakers from making presentations. The intent of this CEI policy is consistent with the requirements of the Accreditation Council for CME and is designed to provide complete information to the audiences. Participants must make their own judgments about the content of presentations in light of these disclosures and determine if possible, bias or misrepresentation has occurred.

Faculty members further affirm (1) that all recommendations involving clinical medicine given during presentations are based upon evidence that is accepted within the profession of medicine for the care of patients, (2) that any scientific research referred to in support or justification for a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis, and (3) that they will not present recommendations, treatments or manners of practicing medicine that are not within the definition of CME, or are known to have risks or dangers that outweigh the benefits, or are known to be ineffective in the treatment of patients.

Merrill A. Krolick, DO, FACC, FACP

Dr. Krolick has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

C. Joy Sachs, MD, MPH

Dr. Sachs has reported no relationships with ineligible companies and has agreed to identify any off-label or investigational uses of pharmaceuticals or equipment referenced during all presentations.

Topics and Objectives

- **Dangerous Medication in the Elderly**
 - Define adverse drug reactions, severe adverse drug reactions, and Black Box Warnings, that would qualify a medication as a "Dangerous Drug".
 - Discuss the speaker's choice of the most dangerous medications for elderly patients and how those medications are dangerous.
 - Provide several options for alternative approaches in clinical situations that suggest the use of these dangerous drugs
- **Workplace Violence**
- Create a plan to apply the principals of de-escalation and safe contingency plans when confronting a potentially violent patient.
- **Intimate Partner Violence**
 - Employ the principles of identification, treatment, documentation, and referral to aid patients suffering from intimate partner violence
- **Sexual Assault**
 - Determine which patients have suffered the consequences of sexual assault and how to manage the encounter with compassion.
- **Physician Burnout and Depression**
 - Cite the literature documenting the burden and exploring the causes of burnout and depression in physicians.
- **Improving Provider well-being: Personal and Institutional Interventions**
 - Devise a plan to address personal and institutional wellness at work.
- **Challenging Interactions in the Medical Setting**
 - Assess what makes an interaction challenging and plan optimal ways to meet those challenges.
- **Disease Prevention: Tobacco Cessation**
 - Develop confidence in addressing tobacco use and how to engage with patients to discuss quitting, decrease the harm, and improve health.
- **Disease Prevention: Alcohol Misuse, Health Consequences, and Patient Counseling**
 - Be confident in screening for and addressing unsafe alcohol use and engaging with patients to discuss ways to decrease harm from unsafe alcohol use.
- **An evidence-based approach to oral analgesics for Acute Pain**
 - Employ non-pharmacologic analgesic methods and use the least harmful but effective oral medication available for a variety of painful conditions.
- **Atrial Fibrillation**
 - Discuss management and treatment to include when to anticoagulant, when to treat and when to refer for ablation.
- **CHF-modern day treatment including the role of device therapy**
 - Know when to refer patients for cardiac hemodynamic monitoring therapy to reduce admissions and improve quality of life.
- **DVT and PE: modern day treatment**
 - Evaluate treatment detection strategies and role of catheter directed therapy
- **Abdominal Aneurysms and EVAR**
 - Discuss guidelines and screening recommendations to lead to enhanced detection of AA.
- **Peripheral Vascular Disease**
 - Enhance screening and provide options for medical therapy including endovascular therapy.

Continuing Education, Inc.
Cardiology, Emergency Medicine & Provider and Patient Wellness
January 08 - 19, 2024

- **Preoperative testing**
 - Enhance screening and decrease cardiovascular event rates .
- **Varicose Veins**
 - Identify when to refer for ablation and when to treat with compression stockings.
- **Endocarditis**
 - Discuss treatment regimens and when to refer for valve surgery
- **Coronary Revascularization Guidelines**
 - Discuss current guidelines for coronary revascularization
- **Acute Coronary Syndromes**
 - Discuss the current guidelines for management of patients with non– ST-elevation acute coronary syndromes