

**Continuing Education, Inc.**  
**“Emergency Medicine, Mental Health and Burnout”**  
**April 27 – May 6, 2024**

Saturday, April 27, 2024	5:00pm - 6:00pm	Informal Meet and Greet, Families and Guests Invited Café Al Bacio, Deck 4
<b>Sunday, April 28</b> <b>TBA</b>	<b>Time</b>	<b>Topic</b>
	<b>8:30am – 9:30am</b>	<b>What every health care provider should know about sex and gender – Dr. Wolfe</b>
	<b>9:30am – 10:30am</b>	<b>Heartbroken- Sex and gender differences in heart disease – Dr. Wolfe</b>
	<b>10:30am – 11:30am</b>	<b>Depression – Dr. Beltempo</b>
	<b>11:30am – 12:30pm</b>	<b>Anxiety – Dr. Beltempo</b>
	12:30pm – 1:30pm	Lunch on your own
	<b>1:30pm - 2:30pm</b>	<b>Rats, sex, sleeping pills and vaccinations- the influence of biological sex in pharmacology – Dr. Wolfe</b>
	<b>2:30pm – 3:30pm</b>	<b>Sex and Gender Jeopardy – Dr. Wolfe</b>
	<b>3:30pm – 4:30pm</b>	<b>Substance abuse: overview of brief treatment using Stages of Change Model: Return to mental wellness and the search for internal balance – Dr. Beltempo</b>
Monday, April 29	6:00pm - 7:00pm	Networking and Case Discussions - Craft Social Bar, Deck 4
Tuesday, April 30	6:00pm - 7:00pm	Networking and Case Discussions - Craft Social Bar, Deck 4
Wednesday, May 1		No Events Today
Thursday, May 2	6:00pm - 7:00pm	Networking and Case Discussions - Craft Social Bar, Deck 4
Friday, May 3		No Events Today
Saturday, May 4		No Events Today
<b>Sunday, May 5</b> <b>TBA</b>	<b>Time</b>	<b>Topic</b>
	<b>8:30am – 10:30am</b>	<b>Provider Burnout – Dr. Beltempo</b>
	<b>10:30am – 11:30am</b>	<b>Shut up or Speak up- tips to manage difficult professional interactions – Dr. Wolfe</b>
	<b>11:30am – 12:30pm</b>	<b>Bridging the Silence- real conversations about end of life care – Dr. Wolfe</b>
	12:30pm – 1:30pm	Lunch on your own
	<b>1:30pm - 3:30pm</b>	<b>Post-pandemic impacts: - Dr. Beltempo</b>
	<b>3:30pm – 4:30pm</b>	<b>Sex and Gender Wrap up- three concrete ways you can help advance science – Dr. Wolfe</b>
Monday, May 6		Have a Safe Trip Home!