

Continuing Education, Inc.
“Topics in Family Medicine and Mental Health”
June 15 - 22, 2024

Saturday, June 15, 2024	5:00pm - 6:00pm	Meet and Greet, Families and Guests Invited - Boleros, Deck 6
Sunday, June 16 Voyager Conference Room Conference Center Deck 3	Time	Topic
	9:00am – 10:00am	Nutrition- What’s New? What’s Best? What Works? – Dr. Argenio
	10:00am – 11:00am	Update in Type 2 Diabetes – Dr. Argenio
	11:00am – 12 Noon	Character traits that promote clinician well-being, resilience, and positive patient outcomes in health care – Dr. Mercer
	12 Noon – 1:00pm	Lunch on your own
	1:00pm - 2:00pm	Travel Medicine: Be Prepared for the Unexpected Dr. Argenio
	2:00pm – 3:00pm	Personal character strengths to enhance professional resilience – Dr. Mercer
	3:00pm – 4:00pm	Using Evidence-based techniques from Positive Psychology and Cognitive Behavioral Therapy to enhance resilience – Dr. Mercer
Monday, June 17 Voyager Conference Room Conference Center Deck 3	Time	Topic
	3:00pm – 4:00	Identify health care applications of evidence-based techniques to promote well-being and resilience of clinicians and patients – Dr. Mercer
	3:00pm – 4:00	Assessing and promoting clinician flourishing in health care systems – Dr. Mercer
	3:00pm – 4:00	Migraine Headaches-Women Are Different – Dr. Argenio
	3:00pm – 4:00	Lunch on your own
	3:00pm – 4:00	Assessing and addressing provider burnout in healthcare systems -Dr. Mercer
	3:00pm – 4:00	Cardiovascular Disease in Women-What’s Different? – Dr. Argenio
	- 3:00pm – 4:00	Leadership in Medicine-Are we prepared? How are we prepared? – Dr. Argenio
Tuesday, June 18	No Events Today	
Wednesday, June 19	5:00pm - 6:00pm	Networking and Case Discussions - Schooner Bar, Deck 6
Thursday, June 20 Voyager Conference Room Conference Center Deck 3	Time	Topic
	8:30am – 9:30am	The Difficult Patient Encounter: Successful Navigation – Dr. Argenio
	9:30am – 10:30am	Leading and Connecting Team Members to Joy, Appreciation and Gratitude – Dr. Argenio
	10:30am – 11:30am	Identifying and addressing systemic factors in health care to promote professional resilience and well-being. -
	11:30am – 12:30pm	Develop a S.M.A.R.T. goal to improve professional resilience, well-being and sustainability – Dr. Mercer
Friday, June 21	5:00pm - 6:00pm	Networking and Case Discussions - Schooner Bar, Deck 6
Saturday, June 22	Have a Safe Trip Home!	

This is a preliminary agenda: meeting times and location are subject to change.